



## ***Nansen Highland Statement of Intent***

### ***Residential Care Service***

#### **Description of Care Service**

The residential unit is geared to deliver training to young adults with learning difficulties. The unit is not geared to deliver any nursing care. The training can be broken down into the following disciplines:

- **Domestic training**  
This training consist primarily of: how to use a washing machine, how to select the clothing for the specific programmes, how to clean a house/bedroom/bathroom, how to iron, how to cook, etc
- **Independence training**  
This training consist primarily of: how to do personal shopping, how to do food shopping within a budget, how to budget, etc
- **Free time management**  
This training consists primarily of: how to organise the free time, how to plan and read bus timetables, how to budget for free time activities, etc
- **Social interaction training**  
This training consists primarily of: how to engage in socially acceptable behaviour, etc.

#### **Operation of Care Service**

The residential unit is closely linked with the Day training service. Residential trainees join the day training unit during the day to advance their training plan. At 16.00, the residential trainees return from the day training unit to the residential unit.

The trainees can choose, accordingly the care plan, when they would like to visit their parental home or other people.

Overall aim: to develop the interpersonal, social, domestic skills, free time management and etc. to enable the resident to move on to other accommodation with support ranging from full support to no support. To this aim, 3 full time residential workers are employed and day staff work one day a week in the residential centre.



## ***The Day training service***

The day training service caters for 14 trainees per day.

Likewise the residential service, the care plans are individually constructed with the trainees and orientated to their personal needs.

The day service offers various modules recognised by SQA. The full list can be found on Nansen Highland's webpage [www.nansenhigland.co.uk](http://www.nansenhigland.co.uk).

The training consists of 3 main parts: vocational, non-vocational skills and social skills.

Overall aim: to develop the interpersonal, social skills, academic potential, vocational and non-vocational skills to enable the trainee to move on to other or further education and or jobs with or without support. To this aim, 5 full time staff are employed supplemented by one residential staff member.