



Individual's quality of life. Statement of rights for trainees

This statement sets down your rights as a trainee. We hope that you find it useful and informative.

To be sheltered, cared for and spoken to in a manner befitting your status as an adult, without the threat of any kind of abuse by staff or other persons.

To be involved, whenever possible, in decisions affecting your life.

To manage your own financial affairs. If unable to do so, to authorise Nansen Highland or a third party to administer your money and to receive an accounting of all financial transactions you have thus authorised. (Residential Trainees)

To receive a weekly monetary allowance, as determined by the guidelines laid down by the department of social security (Residential Trainees) or to receive a Skill seekers allowance if on this training program.

To exercise the full civic and legal rights of a citizen, and to be kept informed of and involved in issues that affect you.

To have unhindered access to a mechanism to express personal feelings, criticisms and grievances, that will exclude access by the director if desired, without fear of reprisal or discrimination.

To refuse medical treatment and medication and to be informed of the medical consequences of such a refusal.

To receive assistance towards independence and self-care at the maximum level possible in comfort and dignity.

To receive all necessary assistance to be able to participate in and have access to all activities that Nansen Highland has to offer at the discretion of the director judgement on issues of Health & Safety.

To form friendships with other residents without hindrance or embarrassment.

To know that your personal records are kept in confidence and are available only to those for whom the information is essential.

To have access to personal records within current national regulations.



To write, or to have written, and to receive any mail or otherwise to communicate without any interception or interference by any member of staff.

To enjoy privacy in counselling, treatment or care for personal needs, and to be provided with space for private communication with your family, friends, lawyer, clergyman, government representative or any other person. Persons not directly concerned in your care and treatment must have your permission to be present.

To have adequate and nutritious meals and snacks appropriate to your needs and requests. (Residential Trainees)

To have all studies, surveys and polls adequately explained and to have the freedom to refuse participation.

To expect all staff to be informed of, and to assume that all staff will respect, the above rights.